MEMORANDUM

To:

Vice Supreme Masters

District Masters

From:

Dennis J. Stoddard

Supreme Master

Re:

Lapel Pins

Date:

January 26, 2016



4th Degree Lapel Pin

We are still receiving calls and emails regarding the issue of pins. Obviously some members do not understand our policy on the wearing of Fourth Degree pins.

Please instruct all Faithful Navigators and Color Corps Commanders of the following:

- The only pin worn on the lapel by members while in official regalia dress is the official pin of the Fourth Degree, which is available from the Knights of Columbus supreme Supply Department – item PG-113. (Refer to pg.11 of the Color Corps Drill Manual)
- Color Corps members <u>may wear</u> the National Flag Pin of their respective country in lieu of wearing the official Fourth Degree pin. However, all members of the Color Corps must wear the same identical pin or no pin at all shall be worn.
- Under no circumstance is a member of the Color Corps to wear a separate flag pin with the official Fourth Degree (PG-113) pin in regalia. If the wearing of a flag pin is chosen then only one pin, the National Flag Pin is authorized.

District Master's Message



Worthy Sir Knights and Brothers All,

The 9:00 AM Saturday morning Mass at the Exemplification will be at St. Paul's Church in New Bern and NOT the Council home. The address for the Church is 3005 Country Club Rd, New Bern, NC 28562.

January was a busy month for all. Between the State Mid-Year meetings, the various Marches for Life, and the requests made by our Bishops and Churches, the Honor and Color Guard of North Carolina were out in full force, even with bad weather. It is such an honor to be your District Master and witness the tremendous display of love and devotion you have for God, Church, and Country.

Don't forget the February 27, 2016 Fourth Exemplification at Council/Assembly Home in New Bern, hosted by the Fr. Kenneth I. Parker Assembly 1820. The details are attached to this newsletter. The cut off is coming soon – February 13th, however, if needed, I will work with you within reason. Please follow the instructions and fill the form 4 as indicated in the published example. If you need lodging the following motel should be contacted: The Hampton Inn New Bern for \$91 per night plus tax. The number to call is 252-637-2111 and mention you are with the Knights of Columbus. The cut off for making a room reservation is February 5th.

I am also announcing another Regional Exemplification to be held in Mooresville. The date is April 30, 2016 and is a one day exemplification. There will be more information in the next few issues of the Golden Plume.

"Do not wait. Recruit candidates now." This is a less expensive way for a Third Degree brother to become a member of the Patriotic Arm of the Order and do it in just one day. There are so many ways the Visible Arm of the Order can get involved in the Church, Community and Country, but we become restricted if we don't continually ask more Bothers to join the Fourth Degree and become active. New members are the life blood of the Order.

The Biennial meeting of the Fourth Degree is scheduled for April 2nd at the Council/Assembly home in Greensboro. All Assemblies should make every effort to send at least one delegate to this meeting. A letter was sent to all Faithful Navigators with the instructions on what needs to be done and when. As you probably know, this is my 4th and final year as your District Master. Three names must be submitted for my replacement. I will then forward them to the Vice Supreme Master and he in turn will submit them to the Supreme Master for consideration and an appointment.

The North Carolina State Convention will be the weekend of May 20 through 22 at the Marriott Winston Salem. Saturday, May 21st is Armed Forces Day. On Armed Forces Day at last year's convention we had 49 Sir Knights participate in the Honor Guard for the Mass. This year let's see if we can top that. As the Patriotic Arm of the Order, this is a great way to show our thanks for the contribution made to our country by those who serve and have served in the Armed Forces.

Please remember to update the Fourth Degree directory with any changes you have. Changes can be made but clicking on the "4th Degree Directory" section. District Secretary Bill Barry tries to keep the directory up to date and can only do so, as changes are made and if the Assemblies contact him with their changes (bbarry54@gmail.com).



Fraternally, SK Dave Onofrio, PSD District Master

God Bless You, God Bless Our Church, and God Bless America



Vice Supreme Master

Sir Knights All,

I find that my involvement in this Knights of Columbus has meaning. I may not wholly understand the part I'm playing but I can trust that I'm being invited to-day, to participate in matters influencing a bigger picture. Believing that we count in the lives of others, that others need us and appreciate our contribution to the Knights and the community is a universal need. At times when assurance from others is lacking, we must simply remember that everyone of us is unique, and created to contribute to our surroundings in individually inspired ways. At every moment we are leveling an impact on the physical, mental, and emotional environment of the Knights that surrounds us.

We are not without purpose. The daily activities of, the Knights of Columbus which invite our attention are the paths to growth and fulfillment which are fitting for the contributions we are called on to offer. We are obliged to do our part. This is why I feel I am needed and have a purpose, don't you want to participate and make our Order great!

My Brother Sir Knights let the Supreme Assembly know what you are contributing to the cause of the Knight of Columbus, please complete the Annual Survey of Fraternal Activities Report 1728 and send it to me at rander12@verizon.net. By the way I am the Vice Supreme Master, please do not send the report to Former Vice Supreme Master Gary McLain. The 1728 was due January 31, 2016.

Fraternally,

SK Robert J. Anderson, PSD, FDM Vice Supreme Master







ASH WENDESDAY Wednesday, February 10, 2016

First Sunday of Lent (Sunday, February 14, 2016) Second Sunday of Lent (Sunday, February 21, 2016) Third Sunday of Lent (Sunday, February 28, 2016) Fourth Sunday of Lent (Laetare Sunday) (Sunday, March 6, 2016) Fifth Sunday of Lent (Passion Sunday) (Sunday, March 13, 2016)



Holy Thursday (Thursday, March 24, 2016)



GOOD FRDAY Friday, March 25, 2016







CRITERIA FOR ATTAINING THE STAR ASSEMBLY AWARD

- Publish and distribute to the assembly membership a minimum of six Assembly Newsletters during the 2015-2016 fraternal year. A copy of each newsletter must also be sent (either in print or electronically) to the Vice Supreme Master.
- Meet the assembly's membership goal, with a net gain of 10% additions over deletions.
- Earn the Civic Award by conducting a minimum of four patriotic programs during the 2015-2016 fraternal year, and reporting those programs to the Supreme Master by June 30, 2016 on the Civic Award Application.
- Complete and submit to your District Master by April 30 the To Be A Patriot Award application.
- Complete and submit the Report of Officers Chosen for the Term (#186) and the Annual Survey of Fraternal Activity (#1728) by their respective due dates. The Fraternal Survey form is due January 31, 2016. The office report form was due July 1 but, for Star Assembly qualification purposes FOR THIS YEAR ONLY, forms received on or before December 1, 2015 will be considered "on time".

NOTE: All required forms for the Star Assembly Award can be found on the Assembly Forms page of kofc.org/forms.





Marshals



Congratulations to all of our new Navigators and Assembly Officers. I wish you all much success in the new fraternal year. To assist me in ensuring you receive important information and communications about events in the District, your Diocese and your local area, I would like to introduce to you my District Marshal and Assistant District Marshal Staff, and the assemblies they cover. Please feel free to reach out to them if you have questions or events in your area, and need assistance.

SK Dave Onofrio, PSD District Master



Marshal Rick Lewis

Raleigh – 778 Cary – 2446 Garner/Fuquay – 2983 Chapel Hill – 3005 Durham – 3365 Henderson – 3440 Wake Forest – 3510 Raleigh – 3552



ADM Dave McGuire

Wilson – 1899 Elizabeth City – 2379 Roanoke Rapids – 2538 Outer Banks – 2989



Admin. Asst. Boyce Williams



ADM Al Grupy

Fayetteville – 783 Southern Pines – 2069 Hope Mills – 2238 Newton Grove – 2490 Shallotte – 3115 Ft. Bragg -- 3459



ADM Dick Hamel

Asheville – 781 Hickory – 1713 Hendersonville – 2130 Arden – 2274 Shelby 2725 Maggie Valley -- 3001





ADM Matt Dimock

Charlotte – 780 Mint Hill – 2208 Denver – 2417 Gastonia – 2531 Concord -- 3158



ADM Greg Ciesielski

Jacksonville – 1541 New Bern – 1820 Wilmington – 2017 Morehead City – 2220 Swansboro – 2713 Southport – 2826 Havelock -- 2894





Where to Purchase your Tuxedo

- 1. **My Own Tuxedo** You can order a complete tuxedo (jacket, pant, cummerbund and shirt) for about \$125 including shipping. The web site is http://www.myowntuxedo.com/
- 2. Some **J.C. Penny stores** still offer a discounted price for the proper tuxedo attire. This is not a corporate program and is entirely up to the store manger



- Black Tuxedo "After 6" version. No tails, just a straight bottom cut with normal lapels
- Plain white, pleated tuxedo shirt with a straight collar **NO WING TIP COLLARS**
- Black bow tie
- Black cummerbund
- Round black tuxedo studs and cuff links
- Black shoes and socks
- NO VESTS





2016 North Carolina Fourth Degree Regional Exemplification (One Day) February 27, 2016

Hosted By: The Father Kenneth I. Parker Assembly No. 1820, New Bern

Where: Council / Assembly Home

1125 Pine Tree Dr. New Bern, NC 28562

Exemplification Time: 12 Noon sharp! **Candidates should arrive no later than 10:00 AM** and dressed as explained on the attached "Exemplification Dress Code Form"

Observers: You should also be dressed in the official uniform of a Sir Knight, as explained on the Dress Code Form. You also must complete the Dress Code Form and submit with you luncheon fee.

Mass: If you wish to attend, there will be a Mass at 9:00 AM prior to the exemplification. This is a wonderful way to begin the exemplification. This is an informal Mass with no Honor Guard. The Mass will be at St Paul's Catholic Church, 3005 Country Club Rd, New Bern, NC 28562

Luncheon: Immediately following the Exemplification at approximately 3:00 PM – <u>Please advise if there are any Dietary Restrictions!</u>

If an overnight stay is needed, call the Hampton Inn at 200 Hotel Dr., New Bern and mention you want the Knights of Columbus rate of \$91+tax per night. 252-637-2111. Cutoff for reservations is 2/5/16.

FEES & PAYMENTS

Candidates fee is \$70.00. He will receive a social baldric, Fourth Degree lapel pin, one luncheon ticket, and a Fourth Degree certificate. This fee is governed by Supreme.

Observer and Guest fee will be \$20.00 and it will cover one luncheon ticket. The Master must have the name and Assembly number of all observers and the name of all guests.

All checks must be from the Assembly and **made payable to <u>"Master's Fund"</u>**. There will be no personal checks accepted. DO NOT mail cash!!

Candidate and Guest money, completed Form 4, and the completed Exemplification Dress Code Form must be sent in together no later than Saturday, February 13, 2016. No refund requests will be accepted after that date. No signature is required on the Dress Code Form.

Observer and Guest money and completed Exemplification Dress Code Form must be sent in by the same date. No signature is required on the Dress Code Form.

If the Form 4 is not complete, it will not be accepted. See attached example of a completed Form 4.

Send to District Master SK David L. Onofrio, 601 Parker Street, Fuquay Varina, NC 27526

"Do not wait. Recruit candidates now!!"





February 27, 2016 New Bern Exemplification

<u>The following "Exemplification Dress Code Form MUST BE COMPLETED, SIGNED, AND SUBMITTED WITH EACH CANDIDATE'S COMPLETED FORM 4</u>

<u>Appropriate Dress for Candidate and/or Observers</u> is Black Tuxedo, Plain White Tuxedo Pleated Shirt (with lay down collar - **NO WING TIPS COLLARS ALLOWED**), Black Bow Tie, Black Shoes, Black Socks, Black Cummerbund. <u>No Vests allowed</u>. Observers must also wear their social baldric and the PG-113 lapel pin, not the flag lapel pin.

Candidate will receive his Social Baldric and Fourth Degree pin in the Ante-Chamber after registering with the District Secretary.

Clergy to wear their "Blacks" or cassock.

Active Duty Military may wear their Class A or Dress Uniform instead of the Black Tuxedo. You also have an option of not wearing the baldric with your dress uniform.

No weapons, concealed or otherwise, are permitted!

Attach lower portion to candidate's completed Form 4 and send to the District Master

OBSERVERS MUST COMPLETE THIS FORM ALSO, IF ATTENDING THE LUNCH-EON.

I fully understand the above requirements and must be in the appropriate dress to be eligible to take my Fourth Degree. I am to report to the District Secretary's Registration Desk no later than 1 hour prior to the published start time of the Exemplification (9:30AM to 10:00 AM is recommended).

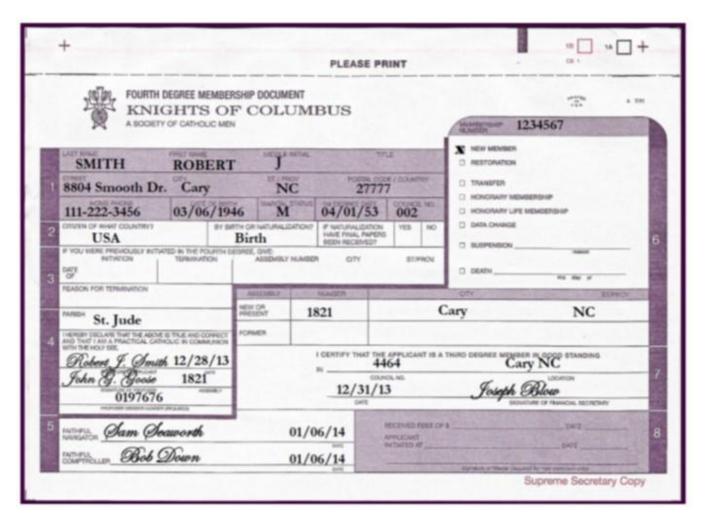
Print Full Name of Candidate or Observer		
Please indicate whether you are staying for luncheon	YES	NO
Will you be bringing a guest for the luncheon	YES	NO
Print Full Name of Guest		
Please advise if there are any Dietary Restrictions!		

No refund requests will be accepted after Saturday, February 13 2016

ASSEMBLY OFFICERS: THIS FORM MUST BE COMPLETELY FILLED OUT AND SIGNED BY THE CANDIDATE AND ATTACHED TO THE CANDIDATE'S FORM 4. BOTH MUST BE SUBMITTED, TOGETHER, TO THE DISTRICT MASTER ALONG WITH A CHECK FROM THE ASSEMBLY MADE OUT TO THE "MASTER'S FUND".



Form 4 - Properly Filled Out







2016 North Carolina Fourth Degree Regional Exemplification April 30, 2016

Hosted By: The Michael J. Sabella Assembly No. 2417

Where: St. Therese Catholic Church 217 Brawley School Rd. Mooresville, NC 28117

Exemplification Time: 12 Noon sharp! Candidates should arrive no later than 10:00 AM and dressed as explained on the attached "Exemplification Dress Code Form"

Observers: You should also be dressed in the official uniform of a Sir Knight, as explained on the Dress Code Form. You also must complete the Dress Code Form and submit with you luncheon fee.

Mass: If you wish to attend, there will be a Mass at 9:30 AM prior to the exemplification. This is a wonderful way to begin the exemplification. This is an informal Mass with no Honor Guard.

Luncheon: Immediately following the Exemplification at approximately 3:00 PM – Please advise if there are any Dietary Restrictions!

If an overnight stay is needed, call the Fairfield Inn Mooresville at 120 Consumer Square Dr., Mooresville, NC 28117 and mention you want the Knights of Columbus rate of \$89+tax per night. 704-663-6100. <u>Cutoff for reservations is April 15, 2016</u>.

FEES & PAYMENTS

Candidates fee is \$70.00. He will receive a social baldric, Fourth Degree lapel pin, one luncheon ticket, and a Fourth Degree certificate. This fee is governed by the Supreme Assembly. Observer and Guest fee will be \$20.00 each and it will cover one luncheon ticket. The Master must have the name and Assembly number of all observers and the name of all guests.

All checks must be from the Assembly and made payable to "Master's Fund". There will be no personal checks accepted. DO NOT mail cash!!

Candidate and Guest money, completed form 4, and the completed Exemplification Dress Code Form must be sent in together no later than Saturday, April 16, 2016. No refund requests will be accepted after that date. No signature is required on the Dress Code Form.

Observer and Guest money and completed Exemplification Dress Code Form must be sent in by the same date. No signature is required on the Dress Code Form.

If the Form 4 is not complete, it will not be accepted. See attached example of a completed Form 4.

Send to District Master SK David L. Onofrio, 601 Parker Street, Fuquay Varina, NC 27526

"Do not wait. Recruit candidates now!!"



April 30, 2016 Mooresville Exemplification

The following "Exemplification Dress Code Form MUST BE COMPLETED, SIGNED, AND SUBMITTED WITH EACH CANDIDATE'S COMPLETED FORM 4

Appropriate Dress for Candidate and/or Observers is Black Tuxedo, Plain White Tuxedo Pleated Shirt (with lay down collar - NO wing tip collar shirts allowed), Black Bow Tie, Black Shoes, Black Socks, Black Cummerbund. Observers must also wear their social baldric and the PG-113 lapel pin, not the flag lapel pin. Candidate will receive his Social Baldric and Fourth Degree pin in the Ante-Chamber after registering with the District Secretary.

Clergy to wear their "Blacks" or cassock.

Active Duty Military may wear their Class A or Dress Uniform instead of the Black Tuxedo. You also have the option of not wearing the baldric with your dress uniform.

No weapons, concealed or otherwise, are permitted!

Attach lower portion to candidate's completed Form 4 and send to the District Master

OBSERVERS MUST COMPLETE THIS FORM ALSO, IF ATTENDING THE LUNCHEON.

I fully understand the above requirements and must be in the appropriate dress to be eligible to take my Fourth Degree. I am to report to the District Secretary's Registration Desk no later than 1 hour prior to the published start time of the Exemplification (9:30AM to 10:00 AM is recommended). 9:00 AM if attending Mass.

Print Full Name of Candidate or Observer			
Please indicate whether you are staying for luncheon	YES	NO	
Will you be bringing a guest for the luncheon	YES	NO	
Print Full Name of Guest			
Please advise if there are any Dietary Restrictions!			

No refund requests will be accepted after Saturday, April 16, 2016

ASSEMBLY OFFICERS: THIS FORM MUST BE COMPLETELY FILLED OUT AND SIGNED BY THE CANDIDATE AND ATTACHED TO THE CANDIDATE'S FORM 4. BOTH MUST BE SUBMITTED, TO-GETHER, TO THE DISTRICT MASTER ALONG WITH A CHECK FROM THE ASSEMBLY MADE OUT TO THE "MASTER'S FUND".



Inexpensive Chapeaux Fix for Older Chapeaux's

For some of us who have been a Fourth Degree for a while, we have seen our share of changes that have come down over the years. One of those changes pertains to the Chapeaux with the metal emblem on it. This Chapeaux is no longer to be used, and should be updated with the new Chapeaux with the embroidered patch on the side. However, this is somewhat of a costly update, with the cost of a replacement Chapeaux around \$104.00 + shipping.

At a Regional District Meeting this past summer, we discussed the option of possibly "replacing" the metal emblem with the embroidered patch. One of our Color Corps Commanders, Jean Dion, said he would do some research on how we could best do this. Below is what he found, and did, and showed me at an Installation of Officers. The Chapeaux looked fantastic.

Here is what Jean did, and what your assembly can do to help your members change out the emblems.

- Purchase the 3" Fourth Degree embroidered emblem. They go for about \$3.75 plus shipping, so it is recommended you buy a few and save on the shipping.
- Pull down the sweat band and lift up on the satin lining
- With a small screw driver lift up on the 3 metal tabs and remove emblem.
- Spread glue on the back of the emblem (he used gorilla glue). Make sure it is not put on too thick, or goes out on the edges.
- Carefully place the emblem on the chapeaux and hold in place with a small clamp. Be sure to it goes on the correct side!!!!
- Every 5 or 10 minutes press on the edges of the emblem to make sure that edges don't lift.

This is a very simple procedure and worked very well. My thanks to Jean for experimenting with the process, and confirming it will work.



Fraternally,

SK Rick Lewis

District Marshall





One Nation Under God Designated Flag Flying Days from the U.S. Flag Code

New Year's Day, January 1 Inauguration Day, January 20

Martin Luther King Jr.'s birthday, (third Monday in January)

Lincoln's Birthday, February 12

Washington's Birthday, (third Monday in February)

Easter Sunday (variable)

Mother's Day, (second Sunday in May)

Peace Officers Memorial Day, May 15 (half-staff all day)

Armed Forces Day, third Saturday in May

Memorial Day (half-staff until noon), the last Monday in May

Flag Day, June 14

Independence Day, July 4

Labor Day, first Monday in September

Patriot Day, September 11 (half-staff all day)

Constitution Day, September 17

Columbus Day, (second Monday in October)

Navy Day, October 13

Veterans Day, November 11

Thanksgiving Day, (fourth Thursday in November)

National Pearl Harbor Remembrance Day, December 7 (half-staff all day)

Christmas Day, December 25



The Official Publication of the 4th Degree, Knights of Columbus, of North Carolina



Knights of Columbus District of North Carolina Programs

The following programs are considered as District wide.

Military Chaplain Scholarship Fund – To support priestly vocations for the military. This is reserved exclusively for seminarians who will, once ordained, serve both their home diocese and the Archdiocese for the Military Services, USA, as a uniformed chaplain. The goal to have each State, combined with the Fourth Degree District, raise a minimum of \$4000 per year over a five year period has been met. However, the Supreme Knight has asked us to continue and has raised the goal to \$1.2 million. The Archdiocese's 5 year plan shows a need for \$2.7 million and they do not get any assistance from the government. We must continue to collect as much money as we can in support of trying to reduce the shortage of Catholic Chaplains in the Military. Checks are to be made payable to "Knights of Columbus Charities" with the notation "Military Scholarship" in the memo area and mailed to:

Gary L. McLain, PSD, FM, FVSM 36 Currant Avenue; Middleburg, FL 32068

Wounded Warrior Fund – Run through the Military Order of the Purple Heart, we raise money to send all of the Wounded Warriors, in the Military Hospital at Camp Lejeune Marine Base, home for the Holidays. This is a 501c3 non-profit organization and your contributions are tax deductible. 100% of the money is used to send them home. This program has been approved by Supreme Master Dennis Stoddard. Checks are to be made payable to "M.O.P.H." with the notation "Wounded Warrior Fund" in the memo area and mailed to:

Robert J. Singer, PSD, FDM, FVSM 2506 Canal Drive; Wilson, NC 27896-1326

VAVS (Veterans Assistance Volunteer Service) – This encompasses so many activities in support of our Veterans and it is only limited by your imagination. SK Tom DuPree is our representative for this extremely valuable program and has implemented several ways we can help and work with our Veterans. One such activity was the collection, at the Fourth Degree Exemplification, of specific items that are needed at the VA Medical Centers in NC. Please contact Tom, find out what he has already set up and volunteer. Tom is always looking for more ideas. Tom DuPree, North Carolina District VAVS Representative VA twdupree@aol.com_H-919-577-6901 or C-919-302-5550



Knights of Columbus District of North Carolina Programs

"One Nation Under God" Pledge Program – It calls for all assemblies in each U. S. state to gather at the state's capital city on Flag Day, June 14th, to conduct a flag ceremony and recite the Pledge of Allegiance each year. Every Assembly should plan an event in their community for Flag Day. Marshal Rick Lewis is heading this up for the District. Contact Rick at rlewis17@nc.rr.com.

Patriotic Coupon Program – All we are asking you to do is to save all the <u>national product</u> unexpired or expired coupons and give them to your Field Agent. He will in turn give them to Chairman Joe Bailer. Joe is working with his contacts at Fort Bragg to distribute these coupons to military families in the U.S. and overseas. This doesn't involve any manual labor (except using a pair of scissors) and would mean so much too many military families. There is no reason you can't get your Assemblies and Councils involved immediately, at little or no cost.

Contact info: Joe Bailer 3717 Colorado Drive Hope Mills, NC 28348-2106 910-424-4880, No email



Sir Knights,

Two reminders to pass along to all who wear the official uniform or that of the Color Corps (in regalia):

- 1. Always have your tuxedo jacket buttoned when in public and/or posing for pictures.
- 2. Stand Tall, Stand Proud remember, "Sir Knight is more than a title, it is an Honor"

SK Dave Onofrio





Greetings Brother Sir Knights and Faithful Navigators, Vivat Jesus!

I hope that you and your family were not adversely affected by our first major winter storm of the year. The month of January is always a busy month for the leadership in preparing the end of year report (form 1728). This year for the first time you had an additional responsibility in completing the North Carolina Annual Activity Report (VAVS) and Veterans Affairs Report for 2015. Under the principle of Patriotism, your Brother SK and you the FN have been requested to support the needs of our Veterans and active Military to the best of your ability. To accomplish this challenge, it is necessary to plan and budget for the many programs that we in NC promote and support.

In the past several months, we have provided new coats for needy Veterans at all four VA Medical Centers. With the cold winter weather, these coats provide warmth for those that are homeless or in need. On behalf of them, I send to you a warm thank you. You will never know how much they appreciate your kindness.

Reporting of Activities in Support of our Veterans: Each District was asked to appoint a VAVS Representative/Director for his District. I have had the privilege and honor to represent you for the last 3 ½ years. One of my major challenges has been to document what you and your Assembly Brothers are doing to support our VAVS Programs. The reporting of your activities and donations are required to be reported to the District Master, Vice-Supreme Master, Supreme Master and Supreme. This documentation can only be accomplished with your support, FN. I again ask for your support in the year 2016 to do a better job of recording the hours, activities, and man power given. This will allow you and the VAVS Representative to meet the requirements of reporting. Supreme uses this information for their annual report to IRS. Again, THANKS TO THOSE WHO HAVE ASSISTED ME IN CAPTURING THE DATA NEEDED FOR THIS REPORT IN 2015!

VAVS Representatives and Deputy Reps: Each VA Medical Center (4) is required by Department of Veterans Affairs (NAC) to appoint a Representative and up to three Deputy Representatives. I currently need Representatives at each of the four VA Medical Centers. I am looking for a "few good men" who have the passion to assist me in "Serving Those Who Served". If interested, please contact me at twdupree@aol.com or 919-302-5550. I will gladly meet with you to discuss the VAVS position and its programs. I would like to thank my current Representatives for all their time, talent and treasure they have given in support of our Veterans.

Communications: I use the Golden Plume and Tar Heel Knight each month to communicate with you the needs, as requested by the Chiefs of each VA Medical Center and the Directors of the USO who need our assistance. It is important that you distribute these two newsletters to your Brothers in a timely manner each month by emailing to your membership. Yes, they are on the websites but you and I know they will not go to look for it!

36th National Veterans Wheel Chair Games (NVWG): These will be held in Salt Lake City, UT June 22-July 2, 2016. For the past eight years, the Knights of Columbus have supported the athletes/Veterans who attend these Games. The goals of the NVWG are: 1. Improve the quality of life for Veterans with physical disabilities, 2. Promote greater independence and functional skills through wheel chairs sports

Continued on Page 18



VAVS Continued from Page 17

and recreation, 3. Provide education and training for clinicians, specializing in treatment of spinal cord injuries/disease, amputations, MS and neurological disorders, 4. Initiate camaraderie by matching newly injured Veterans with returning Veteran Athletes, who have previous participated in the Games. These games are supported by the Department of Defense and hosted by The Dept. of Veterans Affairs and Paralyzed Veterans of America. This is the largest program of its kind with over 500 Veterans/ Athletes participating. The 4 VA Medical Centers will select eligible Athletes who can participate in the Games by April 15, 2016. They need our support! We have been requested to assist these Veterans financially by providing some of their hotel and transportation to the Games. The estimated flight is \$350-450 and the hotel accommodations is \$1,000 per week with two Veterans sharing the room. Last year we sent around 30 Veterans. I am asking for your financial support to assist these Veteran Athletes. If each Assembly and Brother SK would consider making a financial contributions, the Knights will be successful in sending ALL of these worthy Veterans to the Games. These Games open a new world to our Veterans. Many of thought of ending their lives and once they have attended, they realize their life is not over-it just changed. Please send checks to the following Brother SK Jerry Cucurullo, FC, 6208 Heacham Ct. Raleigh, NC 27614. Your Assembly will be given credit for your donation. Make CHECK PAYABLE: ST. FRANCIS OF ASSISI ASSEMBLY 3552 MEMO: VAVS/Wheel Chair Games/Assembly #. Any questions, please contact me. Additional information available at: www.wheelchairgames.org

New Healthcare Centers (HHC) Fayetteville, Kernersville, Charlotte: These brand new facilities are in need of volunteers. They need greeters, patient escort, refreshment cart, clinical administration clerk, information desk, my Health EVET kiosk, check-in kiosk, travel claims, pharmacy, lab runner and Oint. If you are interested in applying, the application will be posted on the State website under Fourth Degree, VAVS Programs or contact me.

Kernersville HHC ribbon cutting will be 2-26-2016

Charlotte HHC ribbon cutting will be 4-4-2016 but opening will be 3-4-2016.

Needs: All VA Medical Centers are in need of sweat pants, gift cards (Walmart, Target, grocery chains, restaurants, venues for entertainment i.e. movie theaters, plays, concerts, sporting events etc...

The VA does not provide funding to allow the staff to take our Veterans who live in the Community Living Center, (CLC) or those suffering from PTSD. This allows the Veteran to social and to experience activities to enrich their lives.

Won't you please help?

If you are doing a social function at your parish, please consider inviting these Veterans to join you in fellowship.

Again, thank you for "Serving Those Who Served".



Fraternally,
SK Thomas W. (Tom) DuPree Jr. PGK, PFN, VAVS Representative Durham VA
North Carolina District VAVS Representative VA,
North Carolina State Council Veterans Affairs and VAVS Chairman
St. Francis of Assisi Assembly # 3552 Faithful Navigator



When You Meet A Veteran...















Just Say...

Thank You!!